

## **From Outcasts to Mighty Men: Eat This Bread**

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*2 Samuel 23:8-11 "These be the names of the mighty men whom David had: The Tachmonite that sat in the seat, chief among the captains; the same was Adino the Eznite: he lift up his spear against eight hundred, whom he slew at one time. And after him was Eleazar the son of Dodo the Ahohite, one of the three mighty men with David, when they defied the Philistines that were there gathered together to battle, and the men of Israel were gone away: He arose, and smote the Philistines until his hand was weary, and his hand clave unto the sword: and the Lord wrought a great victory that day; and the people returned after him only to spoil. And after him was Shammah the son of Agee the Hararite. And the Philistines were gathered together into a troop, where was a piece of ground full of lentiles: and the people fled from the Philistines. But he stood in the midst of the ground, and defended it, and slew the Philistines: and the Lord wrought a great victory.*

These scriptures continue one after another of amazing feats and amazing things that happened. It keeps using that term "mighty men". For example, "He was fifth among the mighty men" or "he was third among the three of the mighty men". It is using this terminology a lot. The full thing is just a list of one man after another that just stood with David and the incredible things that they did. As I began to ponder on this I thought, "How did these guys become mighty men?" and even David, when all this started he was still a young boy and all these guys started to gather to him. How did David become a mighty man? To really know that; you have to start way back at the beginning, their whole relationship together. You have to find their beginning, their starting point where they first began. And to do that let's turn to first Samuel chapter twenty one.

### **The Shewbread**

*1 Samuel 23:3-6 "Now therefore what is under thine hand? Give me five loaves of bread in mine hand, or what there is present. And the priest answered David, and said, There is no common bread under mine hand, but there is hallowed bread; if the young men have kept themselves at least from women. And David answered the priest, and said unto him, Of a truth women have been kept from us about these three days, since I came out, and the vessels of the young men are holy, and the bread is in a manner common, yea, though it were sanctified this day in the vessel. So the priest gave him hallowed bread: for there was no bread there but the shewbread, that was taken from before the Lord, to put hot bread in the day when it was taken away."*

The showbread is in the tabernacle and the table of showbread is a piece of furniture that you worship with, worship God. On it were twelve large loaves of bread which represent the twelve tribes of Israel. David goes to the priest and says, "Look we don't have anything to eat and we are really hungry." And he says, "I don't have anything for you, only the showbread." And basically it sits there for

six days and on the seventh day it is removed and the priests eat it, but then new, fresh bread is put there before the Lord. That is what is going on here.

### **Gathering of Outcasts**

*1 Samuel 21:8-9 "And David said unto Ahimelech, And is there not here under thine hand spear or sword? for I have neither brought my sword nor my weapons with me, because the king's business required haste. And the priest said, The sword of Goliath the Philistine, whom thou slewest in the valley of Elah, behold, it is here wrapped in a cloth behind the ephod: if thou wilt take that, take it: for there is no other save that here. And David said, There is none like that; give it me."*

So David knew about that sword. If you remember, because he was the one that defeated Goliath. They are running now for their lives. Particularly David is running and these certain men have joined up with him. They have gathered to David. They get out on the road together and they say, "We didn't think this through, we don't have anything to eat." So they go to the priest and they asked for food and he doesn't have it so he gives them the shewbread. The priest is looking at them and it is a gathering of outcasts basically. They are a gathering of outcasts and following after David for sure now they were outcast. What is happening here is significant to their future. This is actually the very beginning where they are even beginning to be recognized as a gathering, as a people, as a group, as David's men. But they are not David's mighty men right now; they are just a bunch of outcasts. Recognize that fact. Jesus talks about this story and He brings it up. It is Matthew chapter twelve. We will hear Jesus bringing up the story. And it is interesting that Jesus is bringing up this incident. Me and Ben were talking about this reality of the Lord: when Jesus brings up different stories from the Old Testament, is He bringing them up as the Son of Man who is just a man and He read it when He was growing up in the synagogue and it's just a story? Or is He relating this as God who was there and saw what happened and literally looking at it saying, "I remember this." And Jesus says, "Look I want to bring up something I saw a while ago, a long time ago." It impressed Him and stuck with Him. God has always been so how many stories do you think there are that He can remember and bring up? But there appears to be certain stories that affected God when He was God. He is saying, "I like that."

### **Jesus' Explanation**

*Matthew 12:1-3 "At that time Jesus went on the Sabbath day through the corn; and his disciples were an hungred, and began to pluck the ears of corn and to eat. But when the Pharisees saw it, they said unto him, Behold, thy disciples do that which is not lawful to do upon the Sabbath day. But he said unto them, Have ye not read what David did, when he was an hungered, and they that were with him;"*

It's much different than this, but I grew up with three brothers so there were four boys in the family, so every time we got in trouble we would say, "Well he did it too." Or, "He did it before I did it." So Jesus says, "Have you not read about David what he did when he was hungry? And they that were with him? How he entered into the house of God, and did eat the shewbread, which was not lawful for him to eat, neither for them which were with him, but only for the priests? Or have ye not read in the law, how that on the Sabbath days the priests in the temple profane the Sabbath, and are blameless? But I say unto you, That in this place is one greater than the temple. But if ye had known what this

*meaneth, I will have mercy, and not sacrifice, ye would not have condemned the guiltless. For the Son of man is Lord even of the Sabbath day. And when he was departed thence, he went into their synagogue:*

Here you see Jesus' explanation of it. He is focusing down on particularly one area of importance, He is focusing down on hunger. He is focusing down on the fact of hunger. Remember Jesus and His men were hungry, it says that, and they began to eat this. And it says of David's men that they were hungry so they went and got the shewbread. So Jesus remembers this story in relationship to hunger and those who are after God. And you remember what He said on Sermon on the Mount. There is a blessing that comes to those that hunger. We need to realize that that is not a small thing to the Lord. It is actually a big thing to the Lord. We wonder how this fully applies to us or even to Jesus' situation. Jesus noticed David's story strictly on that fact of hunger. So God says to His priest, "Go and get that shewbread which is not lawful for David or his men to have." "My God, he broke the law, he broke the law!!" In fact it is interesting that the word that Jesus gives and it does not say it there in Samuel, but it is interesting that the word that Jesus gives says that David went in and got it. Wow! So they get the bread and take it because they are hungry. Now we know David's spirit and David's way, that he is hungry for God. He is physically hungry and he obviously throughout his life had a tremendous hunger for the Lord. All of us know that and we know that is really important. It is one of the things that sets David above other men because he had this yearning and hungering and desire for the Lord.

We see that Jesus is bringing up the story and God did not seem to mind way back then, that they went in and ate it. He did not strike them dead. He did not say, "It is unlawful for you." Because God and Jesus cares more about feeding His hungry sons than He does about keeping up the religious rituals. The Lord is that way. We would say, "I am going to go in and eat it and God is going to be ok with it." There was no fear of getting struck down because at least it's not the Holy of Holies; it's the holy place, the center one. We walk out and say, "See God is for it." But Jesus brings this story up and Jesus says, "It was not lawful but he got away with it, what's the deal here?" What we are supposed to see in that is God. We are supposed to see what God's like. We need to stop seeing stories and saying, "Well that does not match with so and so...." There are deeper things working in the Lord and if we find deeper, inner things working in the Lord we are literally finding the Lord. Hallelujah! We are finding the Lord. One of the things is that David did not just feed himself. He did not go there on his own and say, "I am hungry." He said, "My men are hungry." And you can say it is because they were at that point just kind of followers running away with David. They were not even his men in a certain sense, they were just outcasts. They figured, "Well David is an outcast, maybe we will hang with him." He is feeding, the priest is, more important David is, and more importantly than that God is feeding those who are going to become the mighty men of God. They are not that yet, but they are going to become that.

### **New Testament Priests**

David and his men ate the shewbread. It was not regular bread. It was something that God had commanded to have before Him in His tabernacle. There is one place it is called "presence bread" because it relates to the presence of the Lord. It said that "You are to set this bread before the Lord always. This is your responsibility as priests." We know that we are New Testament priests. It doesn't

mean that if you are a New Testament priest that makes you a pastor, or an apostle or anything else, it is a whole different ballgame. Somebody says, "Well we are all priests!" Yeah, New Testament priests based on this. We all can sacrifice, or we can all give Christ crucified to the Father through us as a sweet savor to God. The priest would set that bread before the Lord. And you know the tabernacle was in the center of the camp as they wandered in the wilderness. Anyone remember what it went like for the children of God in the wilderness? Not so well. They messed up a lot! Sort of like some of you here. They were continually failing God. But God said, "Set this bread before me." Remember Jesus is the one who took the bread on the last Passover. When I picture the Lord's Supper, I always picture Michelangelo's long table and them sitting there. Instead of Him looking at those people and saying "this is my body." He picked up the bread and He did what He wants to do with us as His body. He blessed it. We say, "Yeah! He is blessing me." And then He broke it and then He gave it. God wants to bless you there is no question about that, but He wants to break you too. That applies to us. He did not say to those guys, "Why?" "That is your body dude!" But they might get struck dead because they called Jesus dude. He is not looking there. That is the same picture when God set up the table of Shewbread and the bread was there. That represented His body and was placed before Him. It says, "The eyes of the Lord were always upon it." But outside was His exterior body amen? The people of God. There were all sorts of sin and problems going on right there at that moment and at all times somebody was messing up out there and yet it says that "the Lord, His eyes were always upon the shewbread." He viewed us through Christ crucified, not what was going on out there all the time.

### **Balaam Sees the Cross**

In Numbers chapter twenty-three, a similar situation happened with this man named Balaam, who was a foreigner. Nobody could stop Israel they were just going through and killing the Moabites and Ammonites, just going through and wiping out everybody in the Promised Land. They were just about in the land and this king hires Balaam, this guy that is supposedly a prophet and says, "I want you to curse them." Has anybody ever thought, "Am I cursed?" No, Jesus bore the curse for you. "I want you to curse them." So the King takes them up to a high mountain and says, "Put a big curse on them, nobody can stop them they are too strong but if we curse them God will reject them." The prophet gets up there and he looks and it says, "He looks and says 'How lovely are your tents.'" He beholds the beauty. He is way up on this mountain looking down. Some of you know that the camp of Israel was literally set up in a shape of a cross, literally. I can just see those tents that they were in, those linen tents, and the lights they had inside their tents and their cross is just glowing. And he is "Oh my God, this is beautiful." He is looking from God's viewpoint, from above at Israel; the prophet is looking from God's viewpoint. You can bet there was stuff going on inside of those tents that should not have been going on. Can I get an oh me? But that is not what God is seeing! There are three different times he moves him to a different mountain and tries to get Balaam to curse them and he ends up blessing Israel instead. The King was saying, "It is the only way to stop Israel, we have to curse them." And he said, "I can't curse what God has blessed."

*Numbers 23:19-20 "God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good? Behold, I have received commandment to bless: and he hath blessed; and I cannot reverse it. He hath not beheld*

*iniquity in Jacob, neither hath he seen perverseness in Israel: the Lord his God is with him, and the shout of a king is among them.”*

That is His Word! Balaam is saying, “What?!!!!” Maybe he’s heard stories. The king is saying, “Look I have heard stories about Israel and what they’ve done and how they made God mad and He had to send serpents among them and all this bad stuff was going on all the way here. What do you mean God does not behold iniquity in them. What are you talking about? This is a bad people, curse them!” He says, “What God has said, I cannot reverse! God has blessed, I cannot reverse it. God does not behold iniquity.” It is like the shewbread. If you get into their lives, it is ugly. That shewbread in the Holy place, God is looking at that and not what is going on out there. God is saying to us, “Eat this bread.”

### **Bread – The Staff of Life**

Back to David and his men. We know that bread back then was called the “staff of life” and it gave nourishment and strength. David and his outcasts got that bread. They began to feed on it, they began to eat it. It began to strengthen and sustain, but they are just children at this point, outcasts, but children. They are outcasts, they don’t know David, and they don’t know the Lord that David knows. There is going to have to be a real work done. So right now they are just outcasts getting in tune with the plans and purposes of God. They need this nourishment so they can grow straight and tall. When they departed, David departed from with his men? The tabernacle and the shewbread.

*2 Samuel 22:1-2 “David therefore departed thence, and escaped to the cave Adullam: and when his brethren and all his father's house heard it, they went down thither to him. And every one that was in distress, and every one that was in debt, and every one that was discontented, gathered themselves unto him; and he became a captain over them: and there were with him about four hundred men.”*

The beginning, the very birthplace of God’s mighty men and all those great stories that He tells, and all the great destiny that happened after this. It happens to men and to people that are indebted, meaning they are in bondage because of debt. They are discontented over certain things, all of this, almost rebellion, or depression. This is quite a group. They were there with the priests and now they have come to this cave. To really get a bigger and better picture of this let us turn to Psalm thirty-four. There is interesting subtitle under Psalm 34, it says, *“a psalm of David when he changed his behavior before Abimelech, and he departed from Abimelech.”* He has come to this now and David realizes that God’s call is upon his life, because he hearkens back to Samuel showing up. Samuel went through his brothers, and then Samuel called him forth and anointed David with oil when he was sixteen years old and said, “You are the King of Israel.” And this was while King Saul was still over the nation. David was still just feeding sheep. So now everything has taken a turn in this thing. They go from the Tabernacle, and the presence of God, to hiding in a cave. They go from being in the highest place in the land, the Tabernacle, to the lowest place in the wilderness. It is a cave in the wilderness.

## **The Cave of Adullam**

Now he is supposed to understand that he is of God. He is supposed to understand that he is of God! But all the worst of the people have come to him, and Saul, the very best if you will, the King of all the land and everyone that respected Saul was against him. Maybe you have been in a situation like that. You were really blessed and the Lord was really using you and then all of the sudden it just seems like a deep, dark cave. In that cave darkness starts creeping in and doubts start assailing you and fears start growing. You begin to question your calling, you question your relationship with God. "Is this really God? Is this really the leading of God?" There is back in the darkest part of that cave, David is there and just imagine him sitting there and meditating on all of his fears, he is meditating on all of his doubts and he is going through all this stuff. He is thinking about it and he is worrying about it. He is thinking about King Saul. He was faithful to King Saul, you know that right? Even when he was a kid they somehow learned about his ability to play and they brought him all the way to Jerusalem or to wherever they were at, and he would play for the king and it would soothe the king's demons and make it a little better for the king. But now the king has got it in his craw, got a burr in his saddle and he is out to get David. David realizes that the head of the land, and the armies of his land are now gunning for him. He also had married Saul's daughter, but he left his wife. He looks like a criminal. As I said, and more importantly maybe, he fears that he has failed God's plan. Somewhere he got off, somewhere something has happened. And whether it is night or day it is dark in a cave. God says, "I'm going to put a little candle in there for him." He sits there in the dark with his little candle and gets hungry so he puts his hand into his knapsack and he pulls out some bread and he starts chewing on it, just meditating on his problems, and starts chewing on that shewbread. Suddenly something starts changing. He is eating the bread God eats of. He is eating bread from the viewpoint of how God sees things. All of the sudden heavenly bread is entering in him, to his being.

## **My Soul Shall Bless the Lord**

*Psalm 34:1-5 "I will bless the Lord at all times: his praise shall continually be in my mouth. My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad. O magnify the Lord with me, and let us exalt his name together. I sought the Lord, and he heard me, and delivered me from all my fears. They looked unto him, and were lightened: and their faces were not ashamed."*

He suddenly begins to find strength not in himself but in God. What is it that made the difference? What is it? That shewbread. Look at verse eight, "Oh, taste and see." David in a dark cave saying, "Oh, taste and see that the Lord is good. Blessed is the man who trusteth in Him." I can even see him sitting there and as he becomes more filled with God's bread he looks over and there sort of in the shadow is this great big object. What is it? It is Goliath's sword. Remember that he took it at the same time he took the bread. It is the same one that he said when he asked for a sword or a spear from the priest, the priest said "We don't have any of that stuff. The only one we have is the one that you took away from Goliath when you killed him." And David says, "There is none like it." As he looks at that

sword, he is looking at that big old sword, but something is getting inside his brain, this bread, this view that God has of us.

The way God sees us, the way Jesus when He took the bread and said, "This is my body, I am not going to look at you guys. I have got a denier here, I have got a betrayer here, I have got ones who want to be the greatest. I cannot afford to look at you after the flesh, I do not want to know you after the flesh. This is my body." He says, "Put it inside of you, let it fill you and change the way you look and the way you see things." As that bread is getting into his being and infiltrates him, he says, "My soul shall make its boast in the Lord. My soul shall make its boast." You know what? You never hear again about Goliath's sword. It's like, "Boy when I was running scared and didn't know what was happening or anything that sword looked good. I was going to resort to it. There is none like it." It doesn't take long once you get filled with God's view and God's bread. You start seeing yourself as bread and not an external shell of a person and all your failures and everything. All of the sudden you begin to realize that even though you are in a cave, even though the people that are all around you they are grubby and they are outcasts, a bunch of them are criminals and done stuff wrong, you are eating that and they are eating that too and something is changing in the body. There is an actual real change going on. These outcasts are going to become God's mighty men. The process has begun right there with David. Who knows what he did with that sword. He could have left it; he could have buried it in that cave, because we never hear of it. "My soul shall make its soul in the Lord. I am not going to boast in the biggest weapon or this or that or whatever, my boast is in my Jesus and how He sees me and how that view is always in His presence." And He said to the priests, "Make sure it's always in my presence." It is called "presence bread". "Always before me" that is another way it is said. "Keep that bread always before me." As I said, they would cook fresh bread and they would set it before the Lord and it would sit there for six days and on the Sabbath they would remove it on a golden dish and set it over here and they would put fresh bread before the Lord again, every Sabbath. "Keep it fresh and keep it coming." The priests, off of that golden dish, that would be their bread, they would eat what God beholds. They would eat the bread that God has been looking at and is full of His presence, because it has been in His presence saturating.

Guess what? A golden dish? What does that represent? That is Jesus. He is the one that served them bread on that last Passover. He is the one that took the bread and gold represents deity. Jesus is the platter. Every time in the Old Testament when they would take this bread off and serve it on this golden platter, and set it over there, then they would set fresh bread out. "Here, this is for you Lord." And the dish is saying, "This is for you. This, my body, take eat it." I like in Luke chapter nine verse when Jesus is trying to make a point to His disciples He says to them, "*Let these sayings sink down into your ears.*" "Let this bread sink down into your being, into your understanding into who you are and how I see you. Quit walking through the camp trying to get a feel. It is going to discourage you." amen? When Jesus was walking with the twelve disciples the only body that He has got at that point worth anything is the one that He is in, right? So other people are walking along and they are not the disciples, but they are following along, just followers following Jesus and watching His disciples. They are saying, "I am going to check this out. I am going to see because I have heard a lot of good things about Jesus and maybe this is a good deal." So they are watching Jesus and then they see Judas all over

in the corner taking money that was given and sticking it in his bag for himself. Remember it said that about Judas that he was a thief. He is over there doing that and they are saying, "What kind of group is this?" then they are walking along and they hear James and John arguing and getting mom in the situation and mom asking, "When you come into your Kingdom could you have my sons sitting, one on your right and one on your left?" He is saying, "My God, these people have ambition." Then they hear Peter say, "I will die for you." And they say, "Oh man, now here is something good happening." And then they see him deny Jesus. Pretty soon, if you keep looking at that view you are going to say, "To heck with this!" Including Jesus. You are going to say, "These people are corrupt." But in that scenario, if you are there, you are not supposed to be looking at them, you are supposed to be looking at Him. Keep your eyes on Him. Because the body will change from His physical body, which was the only body at that time that was really His body because He lived in it. Going to the bread going into us and Christ going into us and His view.

### **Quit Roller Coaster Christianity – In Christ is not a Roller Coaster**

But He did not just say, "Look I am going to be in you. Good bye, I am going to come back and be in you." He said, "Eat this bread, put this in you, this view and this way, this way of viewing yourself. And when things take a turn for the worse, it is just preparation." See we are just wrong! When things are going good where do we look? Where things are going good outwardly. "Oh, look! I am blessed! God blessed my outward life whoo hoo! I am really of God!" and then it starts turning bad and you are way up here and then you are way down there. The Christian life is not a merry-go-round that has nice little things here and there but it is like a roller coaster. But Christ is not like a roller coaster! The outward things change and He said, "This light affliction worketh for us." I know, I said the same thing, "I read the scripture and said this is not light! It is heavy duty!" "Well, try hanging on a cross for a while." We get a splinter and we say, "This hurts! This is not light affliction, this hurts!" We are whining and carrying on, and I will tell you why: we are not eating the shewbread! We are not seeing the body from His viewpoint; we are not filling up on that. We are too busy and when things are going good we are looking at that and totally into that, instead of looking at that and saying, "It does not matter if things are going good. It does not matter if God seems to be moving in my life." Instead of saying, "It does not matter. God sees me according to the bread. He sees me seated in Christ in heavenly places that is what matters to Him and because I love Him that is what really matters to me from now on. I am going to quit the roller coaster Christianity and I am going to get in Christ and I am going to embrace what He wants me to embrace." Jesus said, "This is my body eat it! Put it in you!!!" Because if when things are going good, if you keep looking at that and saying, "Oh things are going good." Then when it goes bad you are going to be bankrupt. This scenario is not going to end well. He was still really, really young in this story. And Jesus is the one who brought up this story. Kind of happy about it He was. Sorry, that was my Yoda impression (lol from Sarah!!!) David was young and from the very early stages he is learning. He is learning that "this can all be dark but this is not where I am and this is not where God sees me and it is all working together, this and that. The good stuff and the bad stuff and the boring stuff, the dry times."



## **David's On a Roll**

David is coming fairly fresh from a whole lot of victories before he went on the run. First off he defeated Goliath. The whole nation was scared of Goliath. He beat Goliath! And then he starts going out with the regular guys and he is still really young. He is leading them and he is winning all these battles and so Saul starts promoting him. Then people start saying, "Saul has killed his thousands and David his ten thousands." So Saul starts going, "This ain't good." So Saul, to get back at him puts him in the front lines. "You are a leader! Come on little sixteen year old and walk point as we go into battle." Saul is thinking, "David will get killed and then all this will be about me!" But what happens is the Lord blesses him and starts defeating all the enemies and it just raises the level. David is on a roll, "I am on a roll, I am with the Lord, everything is good. I killed Goliath and I am doing this and doing that, I am really...." Don't you know that he needed to be brought down a notch or two, or fifteen, or a thousand! How much more us? How much more would it bless the plan of God for us to be taken down some more. So everything that was so glorious and so beautiful turned so dark. David is sitting in that cave and there were all these people gathered to him, but he is sitting in there alone because they didn't get anointed and said, "You are going to be king." I don't know if you have ever experienced this but when you are down and out and you start wondering if you have messed up the plan of God that He has for you, it is really scary and dark. The doubts and all that will get you. David had trained himself before that moment to go by what was going on with God. And it all looked good and glorious, and now it all looks bad. Is God still with David? We know that because we read the story, we know how it turns out. "Oh God's still with Him! Cheer up little buddy." But nobody knew that story and a whole lot of people in Israel are saying, "See! He is a mess. He looked good but he really wasn't that good." All manner of stuff can be said, it really is not important what people say. It is not. What is important is what the Lord says. And here is the deal, when I say, "What the Lord says" I do not mean, "Lord, give me a word. I need a fresh word, I need something fresh." Well He has fresh bread sitting right in front of him. There is something fresh. He wants you to get out of the earth and reach up into the heavens, as it were, and eat that bread and let it get inside of you and let that view take over, and guess what? I think after a while, he was probably much, much older, but David knew. "We can't go by this." Remember everybody rose against him and his own son led the rebellion and he just left. He didn't fight for his kingdom or anything. He was being cursed on his way out of town. "See now you're getting your due! We always knew. God blessed you but now the true colors come out." So one of his men, those mighty men that had been with him all that time, this is way down the road. He pulls out a sword and says, "Let me take his head off, he should not be talking to you like that." You think his mighty man who said that would do it? Yes! But David says, "No. Maybe the Lord sent him to curse me." "What?! What kind of Christianity is this? Heretic!"

## **Feeding Five Thousand**

David said, "In His mercy he hath afflicted me." Do we know the mercy of God? Like David said when he was going up against Goliath, "Is there not a cause?" His brothers are saying, "Oh little brother, you knucklehead, you are not going to be able to do anything to this giant, go play with the little lambs." David says, "Is there not a cause?" Folks, is there not a cause? Is there not something in your life at this moment or in the past or in the future where you are going to need to remember this?

And you are going to need to sit in that cave and say, "It does not matter what is going on right now, what matters is what is going on with the Father and the Son." And Jesus said, "That is my body." We just want Jesus at communion to bless the bread. "This is my body, blessing, blessing, and blessing. I love these little pumpernickels." That is what we are looking for. We just want blessing, blessing, blessing, and we want to live on blessings in the earth. He does not want you to live with blessings in the earth, He wants you to live with all spiritual blessings in heavenly places in Christ Jesus. Jesus says, "This is my body, this is going to be you guys after the cross. (breaking sound)". Then He says, "Now you are going to be given to my plan and to others." And that is what He did when He fed the five thousands. He blessed it, He broke it, and He gave it to the disciples and they said, "Oh good look what we got! Go give it to them. Stop eating that and go give it away." You understand? We must eat that and then we must also give it. But what do we give? "Well we just need to go be kind to other denomination." No! We give them the same bread! What is that bread? This is the way that God sees you as His body, through the cross, through Christ crucified, you are dead. How many of them are really going to want that? Can you imagine in feeding the five thousand, He gives it to the disciples and "Here you are dead." And they said, "I don't want it!" I just want to say from my heart, that there is help when it is neediest the most. There is help. This is when David needed it most. There is help when it is needed most. But it is not necessarily God touching you at an altar at an altar call. You have to reach up and take some of the bread. You have to see yourself the way He sees you. You have to taste and see.

### **Except Ye Eat This Bread...Ye Have No Life In You**

*John 6:53-56 "Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him."*

There's so much here in John chapter six. He moves it from just being the bread to "Look, I want you to understand, you have to eat my flesh and drink my blood. You have to be me and one with me." He changes it from bread, to "it's me". "It's me in body form, and you have to eat that reality and make it who you are." Instead of, "I am separate and Jesus doesn't like me." Or "Randy failed to make me the person was supposed to be in the Lord! And have the big ministry!" Well, you can have mine. Take it! Does anyone see how the bread keeps pointing to the same thing? It really is an amazing thing. In verse fifty-three it says, "*Except ye eat my flesh and drink my blood you have no life in you.*" How do we read that? Like your typical Christian instead of someone who is one with Him. "If I don't do this than I don't have any life at all! I am just rejected, I am going to go to Hell." Everything always ends in Hell for you. Is that really the termination point of everything?! He is saying, "Look if you don't eat this reality, you don't have that reality in you and then you are just functioning like some guy in the camp. You are still of God, you are still in the camp, the Shekinah is still covering you and giving you light by night and protecting you from the sun by day. There is still stuff going on, but you do not have this life functioning in you." Like David when he was sitting there, before he ate the bread, he was sitting there and worrying and doubting, he does not have life in him! But he reaches over and I can see him, it's like he

forgot where he got the bread, he just got hungry. And he is still meditating on his problems, and eating and all of the sudden, "You know maybe this isn't so bad after all. Maybe the Lord is actually in this and He sees what I don't see and all I need to do is stay fixed with Him and not be shaken from what is immovable." Everything that can be shook, will be shook. "Well, that's me!" That is what you always say. "That has got to be me!" No, no that is you, you, but it is not you – Him. It is you in the camp but it is not you on the table of Shewbread. When you get up there with Balaam and look at it, you say "Oh, He sees us through the cross. Oh look, we sparkle!"

### **From Outcasts to Mighty Men**

Remember from outcasts to mighty men, how did they become mighty men? They learned to eat this bread. They learned to stick with David and they knew that David had the right viewpoint now and they had it because David had given it to them. "We are going to keep this, because if we don't we are going to go back to being a bunch of individual outcasts that have just gathered together." Maybe I need to say that again. If you don't eat this bread you are not going to become a mighty man and worse than that you are just going to be a bunch of individual outcasts that have gathered together. Can you imagine being in that cave with those guys without the bread? That would be ugly! Because you don't know what's going to happen. Just imagine it, look around and you can imagine it. So David got this from the table of Shewbread. Jesus says David went in there and got it. He went in there and he got it and he took it out of there and now he is as it were, I am going to say it like this, now he is not on that holy hill, now he is not in that holy tabernacle, now he is not in that holy environment, he is in a dark cave but guess what? He is still in there because fresh reality is before the Lord and you need to make it fresh. Don't just say, "Well now I am in a cave and we ate the bread, so what are we going to do now?" It is still before the Lord. You are still there. That is the important thing, hold it! "Eat this bread. DO like David, eat this bread!" You are in Christ and you never go out of Christ and His eyes are always upon you there, in that reality. You say to the average Christian, "The eyes of the Lord are always upon you." Dang! I am not just trying to preach a sermon here, I love you guys. And I believe the Lord loves you, I'll say it like this, I love the way the Lord loves you. Because He comes to me by His Spirit, and He gives me this as it were, golden platter with shewbread, and He says, "Now I want you to get up there in front of them and just shove it down their throats! Just feed them." And I just pray we won't go out of here and have to depend somebody saying that over and over and over, but at a certain juncture, like David we eat of it there at the tabernacle and we shove it in our bag and live off of it. Just live off of it. So I am going to pray.

### **Prayer:**

Father I bless your name and I thank you for your great love, your love for your people. Your love for those on skype, for those that are here, for those that many years down the road may listen to this and I am moved deeply by your love for them. I heard your heart, I heard your heart. I felt your compassions. You know that there are those, there are times, there are those now and there are times when we go through dark times and we doubt ourselves. We doubt our path, how things are going to work out, and we only do that Father because we are looking in the natural. You said Lord, "We faint not while we look not at the things which are seen, but at the things which are not seen. For the things which are seen are temporal, but the things above are eternal." And if they are eternal, than they are eternal in

you. You are unchangeable on this matter of us being the bread, your body. Father I ask you to allow the Holy Spirit to just begin to infiltrate, to just begin to saturate, to just begin to move in on each and every one in such a manner that they won't be like the woman at the well, who has to keep coming back to the well, but they will be in Jesus where the fountain of living water. He is our fountain. Father encourage your people, bless them. Satan I bind you from any attacks you have been bringing against them, spirit, soul or body. I cover this body by the authority you have given me Father as a pastor. I ask you during this time of covering that they can gain new ground in this area in terms of becoming ever true in their heart and mind in the way they will view themselves and not get off. And not just become an outcast. Not just one that feels separate from everybody, but rather they know that we are all one because you are the one! Through them, Lord, they become mighty men and women, manifesting your glory, touching lives, being to the praise of your glory, not doing, but being to the praise of your glory. I ask it with all my heart for them, in Jesus name, amen.